

## **Instructions for the Valiant Spiritual Travelers**

*(Those who accept death as final destiny)*



### **To the Holy feet of Thakur**

**“Instructions for the Valiant Spiritual Travelers”** is like a divine lighthouse for the spiritual travelers and hope this translation would enrich the readers, who want to seriously pursue path of spirituality, with THAKUR’s thoughts. THAKUR’s classes and speeches are invaluable and priceless assets for the mankind. The richness embedded in HIS divine spiritual renditions is unmatched as well as unique both in terms of knowledge and logic in comparison to conventional or contemporary religions and philosophies.

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## **Instructions for the Valiant Spiritual Travelers**

It is nothing but just childish to seek a place in a world where death is inevitable and where no one can stay eternally. Hence, the matter of exuberance, ecstasy and enjoyment are all extraneous and irrelevant in this world. But still aren't we supposed to seek happiness? Don't we get tempted towards affection, infatuation, love, and attraction? We must look at everything from the perspective that we all are temporarily living in a railway platform. This whole world resembles that temporary platform; and we must not forget that we have our platform ticket in our pocket. Every creature holds the ticket of death as soon as they were born in this world. Those who are already holding that ticket do they have any reason to still feel captivated about anything like love or affection in this earth? Here, all the various relationships with different people will only last until the train arrives at the station. Hence, all the valiant spiritual travelers should have that sturdiness in their thoughts. We should not leave any place in any corner of our mind to despair and be in hopelessness.

It was asserted this earlier that each and everything in this world are all provisional including love and affection. No spiritual traveler can ever attempt anything which will cause hindrance in their path of their spiritual journey. All those material things that we are chasing for are all temporary. All manifested things or creatures on this earth are all momentary. All spiritual travelers must remember that they have taken refuge on this Earth very temporarily and should keep in mind this very fact at every moment and in every step they take. Would anybody want to construct a permanent palace in someone's land with careful planning? Rather, they somehow build a hut with thatched roof as a temporary shelter. What is the big use of asking for more if we have managed a temporary shelter that serves our basic need? After a while, nothing will be there permanently. Those who are aware of this universal truth will live accordingly. All our actions and activities should be aligned to this. Any kind of derailment will cause accident. Tracks of trains and buses are not the same. Train moves through its track with its own locomotion. Nothing can be considered as a larger disaster than derailment of a train. Our line is aligned to the Nature's inevitable law that "death is unavoidable". At every moment, while moving along Nature's track of death, we must sing the song that praise the life and we must stand against all the wrong doings. We cannot forget death and intoxicate ourselves with the momentary illusions to side-step the ultimate consequences. Therefore, we should not think anything as our own. Those who will get attracted to the thought of ownership will be deviating from the idealism of a vigilant worker.

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How beautiful is this phenomenal creation! Every spectrum consists of full of colors with such grand assemblage, this ever-existing flow in the process of evolution, revolution, and transformation in splendor of appearance is so mesmerizing! Can this be without any purpose? This creation is not purposeless. If we can understand the grand motivation behind this creation, we may comprehend the tangibility and perceptibility about the design of this creation; it has remained untraced to us in this trail act of ever searching process. If this creation has a purpose, then we must think about the need behind this. Each substance of every matter in this universe exhibits mathematics. How splendid it is! Each and everything in this universe from the very moment of its creation to destruction – everywhere, in every place, in every material follows mathematics, nothing can exist without the law of mathematics. Here we must think the need behind this creation. There must be a great motive behind this as the continuity of creation has been persistently flowing unhindered eternally. We need to learn the functioning of this creation, we need to feel the continual systematic progression of this universe, and we need to acknowledge that there remains something extraordinary in the successive phase of this Universe and Nature is leading towards a path, that is not subjected to any blind exuberance or words of imagination. Nature through its authentic process, through the changing material state of every matter, is continuously and consistently indicating the future phase of the material. Every day the reddish glow of dawn that is seen several hours before the Sunrise, announces the arrival of the Sun itself. The core philosophy of creation is a divine prediction. As it has been asserted earlier, this creation has not been manifested without any purpose. The splendid functional flow of the creation, its state of motion, its acute analysis is so beautifully and harmoniously arranged that no one can even find out a minute mistake even in a single sand particle. Amidst this resplendent visible universe, and within the materials of the creation, we need to search for that divine prediction. We will be amazed if we learn about the minutest of the materials and subtle existence of the sub microscopic substances amidst this creation. Even with a super powerful microscope, through which a minute particle of sand can be visible as large as a mountain, there are particles existing in Nature that will be visible as extremely tiny; and even those minute particles are made up of sub-particles. Then just think about those subtle particles of this creation which are billions and billions of times finer than those sand particles. The existence of life is conspicuously present in those subtle states also. Even the liver, kidney, heart, muscle, digestion canal, windpipe (trachea), every body parts have been minutely and accurately arranged in the creatures living in those subtle stages too. Think deeply about the

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subtle flow of this creation, this phenomenal architecture of this universe, this beauty of the creation? Why has this finesse become so necessary? What is the purpose of these subtle particles, what is the purpose of this creation? What is the grand motif of playing the game of chess for this persistent, continuous authentic flow of creation? Why Sun, Moon, Stars, and every natural phenomenon are enriching us with their gracious presence? Every subject matter has been created with the elements of sky, breeze, water, light and earth; everything has been attuned with that supreme tune. Thus, these are all the divine prediction (revelation). We should just give a deep thought to the fact that within every substance from large to the largest, and even from tiny to the tiniest, or finer to the finest, there is a presence of the power, beauty and prodigiousness of this grand creation, which may not be visible; and us may not witness this at every moment of our life but we can perceive the presence of its existence. If we analyze the deep melody of Nature, its twists and turns, its continuous movements, don't we realize that it constantly indicates what is going to happen in the next phase? Every day the color of dawn carries the message of the arrival of the Sun. We all have been created as a combination of the matter from the Sun. All our actions, thoughts, analysis, and movements should be directed from that vision. Nothing can create obstacle in our path. We will proceed and will be led through that eternal benevolent path of that vastness, through the transparent tune of that supremeness. Now the question may arise that our mind is generally scattered and so it always moves in various directions. How do we confine our mind within? To answer it, I must say that the movement of mind is the great gift of Nature. Our mind is the product of Nature. Thus, in accordance with the laws of Nature our minds are extended over everywhere. Movement of water is naturally downward. We can restrict flood and overflowing of water by channeling the flow properly. Without having that channel (path), everything in front is drifted away by the flood. By digging canal properly, water could flow in that direction without flooding. This way we can restrict flood. Various movements of mind, those we call as scattered or restlessness of mind, are understood as the distraction of mind caused due to the lack of proper channelization of mind. In general, the mind is restless, mind gets easily distracted. However, if a created substance is always attracted towards distractions, then we need to understand that it is in accordance with the creation. There will be no worries if we can discard the scattering of thoughts and allow our mind to flow along a channel that is aligned with the flow of creation. When we can realize that the mind vacillates from one thought to another, then the idea of channelizing our mind will arise spontaneously. By digging canal or pond, the overflowing water will flow through the

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channel on its own thus preventing flooding. Therefore, the sense of caution comes naturally along with the thought of deflection of our mind. If we are aware of the mistake we might make in mathematics, then we do not face any trouble in solving the problem correctly. Solving a problem becomes simple if we understand our mistake. While doing something if we feel that it is not being done correctly to meet the right objective, we should treat it like a “Caution” sign. Every road, every place has that indication of caution, in front of schools, hospitals and all accident susceptible areas have that indication – “Be aware!” Even we too have that indication so that it always prevents us from accident. That means this caution is one way to protect ourselves from the impending danger. We always must walk through the path recalling the words of caution.

It is strongly advised to all those spiritual travelers that to determine their path with rationalism and mathematics at every step of life. We should never waste our precious time by running after a relationship out of our attraction. As it was already emphasized that all of us have already received the ticket to leave this earthly station. Then there arises no need for love-affairs? What is the need behind this lust? What will we gain by wasting our time with this wantonness and impiety? Our propensity of desire, love, accomplishment these are all imposed upon the notion of lust. We should not waste our time amidst this notion of attraction.

We do visit hotel and restaurants to satisfy our taste of tongue. It is noteworthy that we never lose our character in terms of satisfying our hunger for food. Do we ever waste our time creating poetry, songs, or epic for our love for food, or behind our choice of restaurants? Then why do we always waste our time for mere attraction for any new romantic relations? We can't expose ourselves to those problematic act or misdeeds like the common people. All sensory organs are treated equal. Our eyes, nose, ears, skin, these are all parts of the conception of sensory fabric. All sensors are attuned with that ultimate tune. Every sensory organ has same concept, same skin, and same satisfaction levels. Satisfaction is the other name of desire. We must be analytical. If we try to analyze scrupulously the constituent of substance intrinsically then we will find the original tune. We should not talk anything irrational or waste our time for our irrational longing towards any girl or boy like ordinary people. We should think deeply what we will gain in doing so? What will we earn from this earth as our own? Will our love or affection remain after the removal of the skin? All our attraction and repulsion are momentary, enabled only because of the layer of skin. The irrational attraction covers our wisdom with the veil of ignorance or lack of knowledge. So, the real layer behind truth is never unveiled. Even after knowing everything, understanding everything, we are unable

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to imbibe the actual truth from our heart. We do not have the power to hold even a drop of water for ourselves in this world. Here every passenger is waiting with ticket of death at hand, to go to their ultimate destination. Within this short span of life what will be the gain by imposing unnecessary importance on any matter? Here in most of the cases extra importance has been given to amorous passion. And this is the beginning of every problem. Every male and female entity in the animal kingdom, living within the human society as well as in forests, such as dogs, cats, tigers, bears, birds all procreate their race with simple transparent manner. They do not commit any evil act under the veil of civilization like the human beings. Human races have been failed to maintain the harmony of their sensual passion. Therefore, they are continuously subjected to downfall. As I have stated earlier that every sensory feeling is equally important. Satisfaction is the desire. Then where does the balance exist? Eyes draw its satisfaction from the mesmerizing visual beauty of hills, oceans and from the wonderful views of the nature – it is one sort of satisfaction or sense of contentment for the eyes. Melodious sweet tune, song of sweet chirping of morning birds gives us satisfaction. Satisfaction of hearing brings the sense of contentment for the ears. Fragrance of flower brings satisfaction to olfactory nerve in nose. Satisfaction of smell is considered as the sense of contentment for the nose. Touch of sweet breeze brings satisfaction of touch. That sense of serenity is satisfaction for the skin. We can satiate ourself with delicious foods – this is the satisfaction of tongue. If we think deeply in this way, then we can observe that every sensory organ, all senses are continuously engaged in the process of drawing satisfaction through coupling. In this situation how can we impose special importance only upon the notion of sexual organs and salaciousness? In this matter none of us are maintaining the balance of sensory satisfactions. But these injunctions make no impact. All Gods and Goddesses, and great sages esteemed to that position from the judgment of sensual desire. In such grave situation, it is difficult for the Gods and Goddesses, great sages to endure and remain in their states! That is why many so called spirituals leaders are engaging themselves in the immoral acts like deception, falsehood, and other similar acts of cover-ups to earn and maintain a respected position in the society. They will continue to do all the falsification and immoral acts and yet will persist in the seat of divinity. Hence, it is very much evident that the act of discernment is based upon the notion of lust.

Here, in most of the cases, idealism is a vague term- it is a meaningless term. Is there any idealistic person who is balanced in desires? He is idealistic by the day, reads Holy Books of God, utters ideal words, and determines duties. But amid night, he is involved in nasty

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game? The principles and idealistic words of the morning go for a toss. We always need to think about the practical demonstration. In such situations, we should not involve in any excitement and imaginative act. A tiger must keep quiet in the flock of sheep. We must verify everything through the touchstone of our inner reasoning. Every atomic and sub-atomic particle within us is tuned to the Nature. We must work hard and deliver solid results. We must follow the workflow of Nature. This creation is not purposeless. This vastness of creation, this visible universe is rather an indicative forecast of the next chapter or phase. We should not think that the grandeur of creation; the infinite endless mystery is bounded within the mundane cycle of birth-marriage- procreation and death. If there exists something beyond death, what will be our way out there? What will be the state of ours?

If I am here, my father was also there. Further, how did my father come if his father was not there? How beautiful this creation is! How refined His workmanship! Playing wonder at every moment! Neem tree and Date Palm coexist within few meters away on the ground, extracting sap from the same ground, but the juice of Date is very sweet while the juice of Neem is very bitter. Growing at the same place, same soil, how does this difference happen? Is not it a wonder? Who is that great craftsman with such a fantastic creation? It must be judged through the purpose of creation and craftsmanship of creator. If we analyze it through practical demonstrations within the matter of the creation and substantiate it, we cannot discard the claims. In this world nothing happens without a reason. So, we can infer and say that there is a definite purpose of buying ticket of death for every passenger. It may be for the purpose of travel or in search of earning, whatever may be, but without purpose nobody gets a ticket. Why does Nature give the tickets of death to every living creature at moment of birth? What is the definite purpose of it? The answer for that purpose is still awaited. This visible world forecasts for the next phase, and gradually through these forecasts the flow of the next phases needs to be understood. Through the various forms of this ever-transformable creation, Nature has revealed the game playing of the formless. Within this infinite empty space why do so many Moons, Suns, planets, and stars exist? With such countless entities, why did so many magnificent fire globes get lit up? This fire has been burning for billions of years. We name the materials as atom, proton etc. by analyzing all these material entities. Whatever nomenclature we try to assign to these perceived entities to recognize them, we are describing or have been able to describe only some of these perceived entities. They are numerous in number, may be ten thousand, twenty thousand, millions and billions of these substances and can be of various

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categories – from fire to air and so on. They all do exist. Where from have these materials come? Through research we have identified and given so many names. The empty rooms of a house cannot be decorated on their own. Who has beautifully decorated this Earth and the visible universe with light, air, water, soil, mountains and, with the combination of Sun, Moon, planets, and stars? Wherever I look, everything is exquisitely decked up. Within these awesome creations, there exists sense, common sense. Without sense, it could not be so beautifully arranged. We see flowers, fruits in plants and trees. What a delicate subtle combination of instruments the living body is! We get surprised to see, to think, to observe these fantastic settings. Wherever I look is a play of wonders! Water from the rivers, seas is evaporating with heat from Sun to accumulate in the sky. Again, to cool down the heated earth, millions of water droplets shower down in the form of rain. Based on the need, from time to time, there is evaporation, cloud formation, rain, and storm. Who perpetrates all these? Why do these happen at all? How do all these happen? These questions remain forever. If all these happen, then certainly there is someone behind these happenings. We have our father, if our father is there, there must be his father and his father and so on. This process will be continuing over the past thousands and thousands of years to trace all ancestors. Thus, who will identify the most ancient father? A spiritual traveler cannot retract from any of these subject matters. We must explore, understand, and analyze to move on. Where does the beauty of this creation lie? Where is the end of this creation? Amid endlessness, we need to try to listen to the tune of that Ultimate. As we are hungry for the knowledge and as we have that right sense, we must imbibe and move ahead as truth seeker. The truth will reveal itself in the horizon of knowledge. Inner sense is continually guiding us. This instinct is called conscience and this sense is the consciousness. Suppose we have done some work hiding from everyone then we are perfectly aware of what is wrong or right. We cannot fool ourselves even if we hide it from everyone. We will understand the right thing with our inner conscience. Every moment this conscience will make us aware that it is always alert. This consciousness will be rightfully there. Every matter is conscious; consciousness flows to and exists even in the finest particle. The whole Universe, the whole empty place is conscious. This emptiness or nothingness is conscious. We may say that we cannot see the “Sense”. What is the proof of having the sense? We should ask ourselves if we see the breeze. But we can feel the existence of breeze. Though we cannot see the breeze, we cannot deny its existence. One cannot overlook its pervasiveness. In every matter consciousness is continually responding in tune amidst this sense. Everyone is aware of the presence of the consciousness within. The entire Universe – The Emptiness continues to sing

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the endless songs. There is no start and no end of this emptiness. No one can create nothingness. This nothingness is the original, and eternal, it is the sense, it is the consciousness. From this sense of nothingness every sense is originated. This sense is always active, what will come next, what will be needed after that - everything is set flawlessly one after another. The child appeared in the mother's womb. Lactation is ready in mother's breasts before the birth of the child. With the nature's law the food is ready at the instant of the child's birth. It is a real wonder how the sense guide does to arrange so beautifully! In the nature the sense is active to help us tide over all difficulties. It is this sense that has drawn lines or creases in our palms so that we can easily form grip in our active hands. Similar lines are there in our feet as well so that small creatures and insects are prevented from being crushed under them. In our body the bones and muscles are placed with such an impeccable setting that we can fold our arms and legs easily and turn our head in so many ways. Even the fingers in our hand and feet are set wonderfully beyond its needful design requirements. Overall, it is indeed a marvelous craftsmanship. A complex machine is at work inside every living being. Somewhere blood is being created, somewhere food is being manufactured, liver-heart-gallbladder, all the organs are doing their own duty in synchronized manner. Peculiar movements are going on inside the body. Medical practitioners are getting flustered. They have not been able to find out and understand all the mysteries inside the body till today. The great mystery of creation is laid within it. I said it earlier that there are such tiny insects within creation those cannot be detected even by a very powerful microscope. They also have heart, lungs, stomach, and blood circulation. They also have male and female categories, involve in reproduction, and produces offspring. They also have blood cells, everything. There every norm of creation is maintained in tiniest form. However tiny a creature may be, all other creatures have the right to move freely to that tiniest state. We can climb up and down to all the steps a ladder has. In the chronology of earth's created matters there are extremely small elements to which the air seems to be macroscopic element. The brick walls to them are like empty space. Imagine how tiny these are. All living beings are assemblies of other living beings. Each of the living being has been created in combination of all the constituents of all other living beings. We have the innate right to pass through the body of each of the living creatures. The entire materialistic world of this universe is made up of five basic constituents (earth, water, fire, air, and ether) i.e., all matters created by these five elements of Nature are nurtured by same Sun and Moon light, and we can travel to that world without restriction. We may not be able to reach there bodily but our mind can reach without resistance. Our thoughts can reach there too. We can

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fetch the Sun within us through meditation which is an enormous capacity. As we are the seed of this Universe, we can indulge in such profound thinking. Our body may not reach there, but some of the constituents of our mind and thoughts have reached. With the power of thought and meditation, the impossible can be attained. The power of thinking originated from brain is one of most valuable parts of the body. The Cosmos is eternal and infinite, and the speed of Cosmos resides within us, and we remain the seed in the flow of creation. Hence, our capacity is also infinite. The mind's power of thinking is the expression of the consciousness of Cosmos. This power of mind remains active in the awakened state as well as in the sleeping state. Through dream our mind and corresponding thought power enables us to travel around. we need to understand well the theory and contents of coordinating our mind and thought power. It will not be of any use if we meander here and there without knowing, without realizing all these powers. We need to go in the right direction. We should not misuse the profound gift from the Nature in the form of our body. Never get into despair or become hopeless. We are holding the steering of right, wrong, and conscience. Death may appear at any moment; we must think about it. Assume that a trial verdict for a convict has been announced and he is sentenced to death by hanging after seven days. Will that accused person walk around dressed in dazzling attire? From the time of birth, we are all like the sentenced convict, think about it. We cannot forget that at any moment death can come to snatch away the life. For the convict the hanging is after seven days and for our case it will come, say, after 80 years. After all it is the same thing whether it is in two days or after 80 years. We do not have any right to hold on to any property. Will we ask anyone to purchase cots and beds for us to comfortably sit in a platform? It is as ridiculous as it sounds and, similarly, love and all the affairs herein, expressed with the expressions like – “You are my love”, “You are everything to me”, all these sorts of statements are also ridiculous. Who is for whom here? No one is for anyone. If we go by fraction and simplification, the result will be either 0 or 1. We should not be enamored on encountering any idealistic person here. A person is such an idealistic that he doesn't look at anyone. He is perfectly dressed up and suited, to appear as an ideal person with perfect character. Did we ever observe him in the darkness of night? There is no ideal act. Here most of the literatures, including prose, poems and stories are based on amorous passions. We are such a stupid person that we destroy our potential life emanating from ourselves. The sensual pleasure of conjugal life is just one example of the Universal ecstasy. By using sample one can get orders to increase the wealth of a factory. The sperm or ova of living entity represents a brain cell of this universal cosmos,

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which has been gifted to us from the Universe to preserve our strength maintaining balance so that we may live with tremendous joy amid unfathomable depth of the universal tune and vastness of the Universe. If we invest one single universal cell or sample either to purchase a new dress for our partner in Earth, or we could bring more orders to increase our wealth? The terms “I am a poet, I am a writer, I am charmed to see you, I don’t know anything beyond you” – these are all false statements; these are made for playful passion. Do we usually marry someone without knowing the sexual orientation of the opposite? Knowingly do we ever love any handicapped? It can be understood from conjugal ecstasy that there lies a vast melody of ecstasy somewhere else. If this melody can be explored seriously and transcended into deeper tunes, one can be overwhelmed with joy. Nature has given us a token sample for conjugational flavor to get the taste of the vast expanse of joy. If we can attach ourselves with that eternal joy, if the power of the brain could be associated in everlasting union with these thousands of Suns, then endless stream of joy will play in our hearts like a fountain emanated from the mountain. We will be able to live in eternal ecstasy. Think of the great things that nature has given us through creation. The sense of fulfillment, the little and transient satisfaction obtained from the conjugal act, is just a sample gifted from the factory of the universe. If such an act could be attached to the ocean of eternal joy and fulfillment present in a colossal form within the great depths of this vast creation, then we will gain the absolute satisfaction through the joy of unification with that eternal tune.

Within a man there are billions of potential lives in the form of sperms, have we ever thought of that? In the indulgence of conjugal act and releasing of semen, millions of potential lives get terminated for which the individual involved is accountable. Do we have any logical explanation for the loss of lives for this act? Throughout the life each one of us wasted millions of such prospective potential lives. If we would not have wasted so many potential souls, the power of those billions of lives could have strengthened our internal abilities. They would have together helped us in all our endeavors in a unified manner. We can see distant stars, Sun, and Moon with our two eyes. Suppose 50 trillion of potential humans having 100 trillion eyes, 100 trillion ears, 50 trillion noses and 50 trillion minds are residing within us, if we could concentrate our mind to use the power of vision of 50 trillion eyes, then with the help of that extremely powerful vision we would be able to look into distant stars with ease, even what other events are happening therein could be seen easily. We could see vividly what are inside the Moon or inside the Sun. There are 50 trillion lives inside us with full of vitality tied to same tune. If we can concentrate these 50 trillion minds together, it will give us enormous

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power. With that power we will feel that we can move freely anywhere in the Universe, and we will realize that every entity of this Universe is tuned to the same melody. The mystery of this grand creation and its great purpose will be revealed gradually to us. We will feel that the solutions to the eternal queries, such as, “Why have we come, where will we go “- will gradually come into our realization. We are the voyager of eternal melody! We have taken birth with the right of a valiant spiritual traveler. A strong gallant soldier should never turn back. Unnecessary talks are therefore forbidden. Having wasted our time and strength by misleading all sensory instincts of our eyes, ears etc. now we have no right to discuss. There is no award for such bravery and erudition. Whatever has been wasted has already happened. There is no point in wasting more time discussing the same. However, there is still time. We need to make ourselves attuned again. Recover the lost strength and energy. From the boundless storehouse of nature – we need to fill ourselves with strength, make ourselves attuned and melodious, and build ourselves valorous. Use our body like a freezer. All the ice melts into water when we switch off the freezer or the door of the freezer is open. Now when we switch on the freezer, the droplet of water starts accumulating again and finally transform into ice on the cooling coils like a beehive. This happens even if there is no water in the freezer. Ice starts to accumulate on its own inside the freezer. We are the seed of this Universe. We need to concentrate our mind within, engross ourselves in the melody of the thousand Suns of our brain. Slowly energy particles will be formed inside us with the responses of liveliness. Again, we will be filled with vital life energy, and we will become noble human being. We will be able to achieve impossible things with our power, and gradually we will be able to germinate from seed and soon will bear stems, leaves, twigs, and branches that will bloom with flowers, filled with fruits to become ultimately a huge tree.

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